

## Why Ketamine Infusion Therapy is Better Than Prozac for Treating Pain



Are you suffering from continual back, neck, shoulder or other types of pain? If you've been searching for a way to live a pain-free life, there is new hope in the form of ketamine infusion therapy. Ketamine is a treatment option to consider if you haven't found relief from other pain management solutions. If you've been dealing with chronic pain, which doesn't seem to improve with more traditional forms of treatment or prescription medications such as Prozac, then you might want to look into this type of therapy.

Ketamine is a synthetic drug that has been approved for use in the U.S. by the Federal Drug Administration (FDA). It is commonly used by the medical profession as an anesthetic to provide sedation during surgical procedures and as an analgesic to treat therapy-resistant chronic pain syndrome and help reduce the discomfort associated with disorders such as Lyme disease, neuropathy and complex regional pain syndrome.

According to an article published by the American Society of Regional Anesthesia and Pain Medicine, "Ketamine has captured headlines recently for its potential role in treating severe depression and post-traumatic stress syndrome. Now, a team of pain medicine physicians are calling attention to the use of ketamine to combat chronic and acute postoperative pain."<sup>i</sup>

Is Ketamine the New Prozac?

You may have heard of this drug, perhaps while channel surfing and catching the end of the evening news or while scrolling through your social media accounts and viewing a few of the top news stories. Ketamine, popularly called Cat Valium or Vitamin K in the club drug scene, has also been used as one of the controversial date rape drugs. However, when administered by a healthcare professional in a low dose of 0.5 mg/kg or even as low as 0.1 mg/kg of body weight, it has a variety of legitimate and extremely safe and effective uses.

If you have tried, without success, to use two or more medications without seeing a significant change in your symptoms, then you said to have a condition that is resistant to treatment. Ketamine, especially in the form of an intravenous infusion, has been shown to produce remarkable results if you are dealing with treatment-resistant chronic pain and/or treatment resistant depression.

As mentioned previously, ketamine has been used for decades as an anesthesia drug but in recent years the medical profession has investigated its use in treating both chronic pain conditions and treatment-resistant depression. In fact, mild to moderate depression is a common occurrence for anyone dealing with pain disorders and doctors often prescribe Prozac to their chronic pain patients. Unfortunately, Prozac, and similar medications, don't work for everyone or they stop working after a few months, which means you are left searching for the next best solution.

Ketamine may be known by some as an illicit club drug, misused for its hallucinogenic properties, but when given as a controlled dose, in a medically monitored clinical setting, ketamine infusions are a viable treatment option. If you decide to try this type of pain therapy, you'll be interested to know that ketamine is administered via IV in a fairly low dosage and it only takes about 40 minutes to administer. Also, you are continually monitored by healthcare professionals during the entire procedure so there's no need to worry about possible unwanted side effects.

Ketamine infusion therapy clients often report feeling better in just a few minutes after their initial infusion. Before your first treatment session, your healthcare provider will determine the exact course of ketamine infusion therapies, and how many sessions to schedule, to help you get maximum relief from your pain symptoms and any possible underlying mental health issues.



## Changing and Improving Lives for the Better

If you've tried everything to try to get relief from your pain, yet nothing seems to work, then an intravenous ketamine infusion might be the perfect solution. While ketamine is certainly not a miracle cure, it is giving new hope to individuals dealing with chronic, unrelenting pain, who aren't getting help from other forms of treatment. If you've tried Fluoxetine (Prozac) as prescribed by your healthcare provider but haven't gotten any relief from your symptoms, it might be time to investigate alternative methods.

"Generally, two types of patients with chronic pain may benefit from this medication: patients with chronic pain that have not had much success with other pain medications or treatments, and/or patients with chronic pain who plan to undergo surgery," says Dr. Sunali Wadehra.<sup>ii</sup>

Stop suffering everyday - reach out to your primary healthcare provider and ask them about using ketamine therapy to help you treat your pain. They can refer you to a chronic pain treatment center that offers alternative treatment methods. A single ketamine infusion treatment, or a series of treatments, can get you back on track and feeling like yourself again so you can go back to doing your favorite activities like going out in your fishing boat or taking part in the weekly club road bike ride with your cycling club.

## Finding a Chronic Pain Treatment Clinic

If you've tried other methods of treatment, such as Prozac, but haven't found relief, ketamine may prove to be a more effective option for you. You shouldn't have to live with your pain – ketamine therapy can offer relief from a variety of conditions including headaches, neck & shoulder pain, back pain, hip & leg pain, hand & foot pain and more.

Ketamine infusion therapy is helping people treat both depression and chronic pain. Your doctor will work with you to determine the specific amount of ketamine to administer including factors such as any prescription medications you are taking along with factors such as your metabolic rate, body composition, ancestral heritage and any underlying genetic factors.

You don't have to go far to find a ketamine infusion clinic in your area. Do a quick search on the internet and you'll find places like Midsouth Pain Treatment Center, that offer their clients IV ketamine infusions to help them manage their pain. The professionals at pain treatment centers work with people just like you to help you find a treatment option that works for your unique symptoms. Stop living with your pain – find a ketamine therapy pain center near you!

200 Character Social Media Post (203 characters, 32 words)

Ketamine infusion therapy is a possible option for anyone looking for help with chronic pain management. Schedule an appointment at ketamine clinic near you and discover a new treatment option to Prozac.

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<sup>i</sup> Cohen, SP et al. American Society of Regional Anesthesia and Pain Medicine. New Ketamine Guidelines for Acute and Chronic Pain Published. Retrieved from <https://www.asra.com/news/200/new-ketamine-guidelines-for-acute-and-ch>

<sup>ii</sup> Wadehra, Sunali. Practical Pain Management. Ketamine for Chronic Pain Management: Current Role and Future Directions. Retrieved from <https://www.practicalpainmanagement.com/patient/treatments/medications/ketamine-chronic-pain-management-current-role-future-directions>