

Ketamine Infusion Therapy Explained in 140 Characters or Less



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Have you been hearing or reading about ketamine in the news, online or on your Facebook, LinkedIn and Twitter feeds? Infusions of the 1990s club drug are now being used to treat everything from chronic pain, depression, posttraumatic stress disorder (PTSD), anxiety, obsessive compulsive disorder and more.

Ketamine infusion therapy is offering a life raft of hope for anyone and everyone seemingly lost in a sea of meaningless treatment options.



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New Hope for New Treatment

The drug is showing new hope as a possible option for depression for anyone that hasn't benefited from two or more traditional antidepressant therapies. This condition is also known as treatment-resistant depression and much research is being done to find alternative treatment methods. Ketamine is just one such alternative treatment option.

Ketamine infusions are delivered via intravenous (IV) drip and are providing relief to people with major depressive disorder or experiencing suicidal thoughts and tendencies. Talking about the fast-acting benefits of ketamine author Kelly Burch says, "Ketamine can relieve the symptoms of depression, but it's especially effective at reducing suicidal thoughts quickly, sometimes within 40 minutes."ⁱ

General anxiety disorder and other treatment-resistant mood disorders are finding relief with IV ketamine infusions. Get back to being you!

According to the World Health Organization, "Depression is a common illness worldwide, with more than 300 million people affected." It is different from mood disorders and usual mood fluctuations including short-lived emotional responses to challenges in everyday life. "Especially when long-lasting and with moderate or severe intensity, depression may become a serious health condition. It can cause the affected person to suffer greatly and function poorly at work, at school and in the family. At its worst, depression can lead to suicide."ⁱⁱ

If you are looking for a new treatment modality, ketamine is something worth researching and looking into. There is no need to worry about using an “illegal, illicit, club drug” to treat depression. When used as a recreational drug, ketamine is taken in rather high doses in order to exploit its potential hallucinogenic properties. In fact, taking too much ketamine can leave you feeling out of touch with reality, what’s known as “going down the k-hole.” That’s not the case when it’s prescribed for use by a medical professional.

Ketamine isn’t just a club drug anymore. Ketamine infusions are the new wonder treatment for chronic pain, depression, anxiety and more.



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Ketamine Infusion Therapy Sessions

When used in a medically supervised clinical setting, ketamine is administered in a relatively low dosage over a period of 40 minutes to 1 hour. If you opt for this type of therapy you will be continually monitored during your treatment session to make sure you don’t experience any side effects. Your doctor will first go over your medical history and ask about any prescription or recreationally drugs you may be taken before determining if you are a candidate for this type of treatment.

Once an individualized treatment plan has been created for you, a member of your healthcare team will schedule you for about 6 ketamine infusion treatments spread out over a course of 3 weeks. Depending on your results, your doctor may recommend a booster session every month or so to ensure you continue to experience maximal relief from your symptoms.

Learn about the effectiveness of ketamine used as a treatment alternative for depression - find an IV ketamine infusion clinic near you.

Ketamine was approved for use in the United States in the 1970s as an anesthesia during medical procedures and as a strong analgesia to bring to relief to postoperative pain. It has also been used more recently as a rapid-acting antidepressant and to help treat moderate to severe and chronic pain. The current scientific research is inconclusive as to whether or not it offers any help for neuropathic or cancer pain.ⁱⁱⁱ

Ketamine infusion therapy is a possible option for help with chronic pain management that is resistant to other forms of treatment. Schedule an appointment for ketamine therapy at a pain management center near you and discover a new treatment option to selective serotonin reuptake inhibitors (SSRIs) like Prozac and Zoloft.

Ketamine offers help if you suffer from chronic pain. Schedule an appointment for ketamine IV therapy and discover a new treatment option.



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Ketamine as Depression Treatment Alternative

Did you know that ketamine is being used for the treatment of anxiety, PTSD and depression? Ketamine infusions are now available throughout the United States - learn more and find a clinic near you!

If you've been dealing with anxiety, panic attacks or depression, reach out to the Pacific Ketamine Institute today. They are offering new hope with their treatment alternative: ketamine infusion therapy.

What do you want to know about ketamine? Reach out to the Pacific Ketamine Institute to learn everything about ketamine infusion therapy.

Ketamine is no longer a treatment option available only to celebrities and the rich and famous. Anyone dealing with chronic pain, depression or anxiety can benefit from affordable Ketamine Infusion Therapy.

If you've been dealing with anxiety, panic attacks or depression, reach out to a ketamine therapy center near you. They can offer new hope with their treatment alternative: ketamine infusion therapy. If you or a loved one is dealing with depression or suicidal thoughts, reach out to the Pacific Ketamine Institute today.

Social Media Post (30 words - 199 characters)

Ketamine IV infusions can help make you yourself again. Here's everything you need to know about this alternative treatment for depression and other mood disorders at the Pacific Ketamine Institute.

ⁱ Burch, Kelly. TheFix. Club Drug Ketamine Nears FDA Approval for Depression Treatment. Retrieved from: <https://www.thefix.com/club-drug-ketamine-nears-fda-approval-depression-treatment>

ⁱⁱ World Health Organization. Fact Sheets: Depression. Retrieved from: <https://www.who.int/news-room/fact-sheets/detail/depression>

ⁱⁱⁱ Jonkman, Kelly et al. US National Library of Medicine, National Institutes of Health. Ketamine for Pain. Retrieved from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5609085/>